# Supported Playgroups



Koorana Child & Family Services provides learning opportunities for all children and their families across the Inner West and South West areas of Sydney.

## What are Supported Playgroups?

Koorana's Supported Playgroups are staffed by experienced Early Childhood Educators and Family Support Workers who collaboratively plan and provide age appropriate play activities that promote early learning, support parents and carers in their parenting role, and assist families to establish supportive social connections. Staff also assist families to make links with a wide range of community supports, including formal prior to school settings such as day care and preschool.



#### Who is it for?

Koorana's Playgroups are for families with a child aged 0 and 6. All our groups are tailored to the individual needs of the families attending. Our Young Mum's playgroup is specifically designed to support young parents up to 24 years of age.



## What happens and how will it help us?

Supported playgroups provide your child with play activities that will promote his or her learning and skill development.

Playgroups are staffed by experienced Early Childhood Educators and Family Support Workers who provide lots of play activities suitable for your child's age so they can play alongside and with other children, make friends, and have fun. Babies and toddlers are included, with activities provided for you to enjoy together.

As well as free play activities, playgroup staff will provide language and music group experiences for you to share with your child to help them learn new skills, for example concentration and listening, sharing and turn taking, communicating and participating with others. This will develop your child's independence and confidence and prepare them for other educational settings such as preschool, day care or school.

Staff will provide you with information about other services and community activities that may be useful to you, and will suggest practical ideas to assist you in your parenting role.

## All children, All abilities, All possibilities

# Where does it happen?

In community halls and parks across the Bankstown and Canterbury local government areas.

### How long does it go for?

Each Playgroup runs for 2 hours once a week in school terms. Families generally participate in Supported Playgroups for up to 12 months.

#### What if I do not speak English?

Your worker can arrange for an interpreter if you need.

## What does it cost?

Attendance at Playgroups is free, as government funding covers all costs.

# How do I access the service?

Contact us by phone on (02) 9750-4100 or email enquiries@koorana.org.au.

You can also find out more at our website www.koorana.org.au

