My Family's Key Worker

Koorana Child & Family Services provides learning opportunities for all children and their families across the Inner West and South West areas of Sydney.

What is a key worker?

- A Key Worker is a professional with expertise in child development and experience in supporting families. They may be a Speech Pathologist, Occupational Therapist, Specialist Teacher, Psychologist or Physiotherapist.

- Each Key Worker works closely with a larger transdisciplinary team of experienced professionals (see diagram).

Why do we work this way?

- Transdisciplinary practice is regarded as best practice in early intervention services.

- The Key Worker is chosen based on what will best suit your child's and family's need and is the primary contact and support, which allows families to build a trusting relationship with Koorana.

How will the key worker support my family and child?

- Your Key Worker's role is to learn all about your family's strengths, dreams and priorities, daily routines, experiences and people that are important in your child's life. With these understandings your Key Worker, supported by the transdisciplinary team, will work in partnership with your family to help you achieve your goals.

- Your Key Worker will focus on supporting your child's participation in family and community life.

What will visits from my key worker look like?

- Visits look different and vary in frequency for every family because it is important for us to provide information and support in an individualised and flexible way. Your Key Worker will be guided by your family's priorities and goals.

- Your Key Worker can:

  - Visit in the places that are important in your child's life (For example, at home, early childhood centres, schools, community activities).

  - Explore ways to help your child take part in everyday life.

  - Support your family to connect with social supports and other services in your community.

  - Create a plan with you at the end of each visit focusing on ways to further support your child's learning.

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