

# Free First Aid Course

For Parents and Carers with Children under 12 years old

Gain your First Aid Certificate for FREE,  
usually \$100 or more.

Great for your resume and for work and  
volunteer opportunities!

**PROVIDE FIRST AID HLTAID003 Course includes:**

- How to properly assess an emergency situation
- DRSABCD
- CPR techniques on adults and infants
- Using an Automated External Defibrillator (AED)
- First aid procedures for bleeding, burns and fractures
- Managing medical conditions such as anaphylaxis, asthma and seizures
- Managing medical emergencies such as snake/spider bites, poisons and choking
- Infection control procedures
- Managing exposure to extreme temperatures
- Administering first aid for eye & soft tissue injuries
- Assessing and moving sick & injured
- Legal responsibilities of a first aider
- Basic anatomy and physiology
- Managing shock and much more!



## PROGRAM DETAILS

**Where:** 25 Barbara Street, Fairfield NSW 2165

**When:** Session 1 - Thursday 16<sup>th</sup> June

Session 2 - Thursday 23<sup>rd</sup> June

**Time:** 9.00am - 2.30pm

**Bookings:** Please contact reception on 02 9727 4333, [reception@cfs.asn.au](mailto:reception@cfs.asn.au). You must register to attend.