

# My Time Ashcroft

**Fridays 10am—12:30pm—Ashcroft Public School**  
Sheriff St Ashcroft (Parking available)



My Time is a **parent support group** for parents and carers of children with varying abilities or chronic illnesses and a great opportunity for parents and carers to come together and share their ideas and experiences.

We would like to invite parents and carers from **South West Sydney** to come along to meet other parents , share some morning tea and a relaxing conversation.

Koorana will be providing **FREE child care** on the day so your children will have some age appropriate activities to engage in.

The My Time groups will be run **fortnightly on Fridays** and a variety of themes will be developed for each group.

Interpreters can be arranged so please let us know. For more information please call 02 9704 7628 please RSVP one week prior so we can arrange for Child Care and Interpreter needs

## Friday 22nd July

Welcome to MyTime

Develop Ideas for future groups



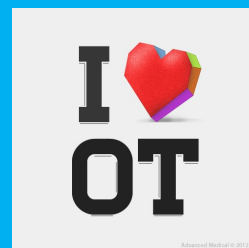
## Friday 5th August

Discussion: how support workers can HELP & Group Topic 1



## Friday 19th August

What is the role of the Occupational Therapist & Group Topic 2



## Friday 2nd Sept

What are Early Linkers & Group Topic 3



## Friday 16th Sept

The role of Speech Pathologists & Group Topic 4



This is the building  
that the Social Support  
Group is run.

Park in Carpenter Ln  
and meet us at the

