



A CHILDREN'S GROUP:

Adjusting to Parental Separation

The 7 week interactive group for 9-12 year olds brings together children from separated families. Through creative therapies, topics will include:

- ▶ Different families
- ▶ Changes
- ▶ Feelings
- ▶ Parents in different houses
- ▶ Keeping out of conflict
- ▶ My strengths

BEGINS:

WHERE:

There will be a cost that covers resources and afternoon tea. Concession discount offered with concession/pension card.

The group will be facilitated by qualified and experienced child practitioners