



Drumbeat

Drumbeat is a therapeutic music group that opens up communication, improves self regulation, reduces anxiety, and creates fun.

The program is aimed at youth aged 12 to 17 years

Date: 11/7/18 & 12/7/18

Time: 10:00am - 12:00pm

Cost: Free

Contact: Ngan - 1300 254 657 or
nganl@creatinglinks.org.au or

Edgee - edivaldor@creatinglinks.org.au

Venue: Creating Links - 58 Kitchener Pde,
Bankstown

Bookings are essential as places are limited.

Child minding is not available



DRUMBEAT

BUILDING RESILIENCE THROUGH RHYTHM